

# Sleepover



**Buckinghamshire**  
**FIRE & RESCUE SERVICE**  
*we save lives*



**If your child is invited to a sleepover you will want them to be safe – both in general and in the event of a fire. So before you agree here are some things that might help.**

## Check that your child:

- Is normally woken by and recognises the sound of a smoke alarm

If they don't, or they have a hearing impairment or other disability, tell the sleepover parents so that someone must wake them and/or help them in an emergency

- Knows what to do if they hear a smoke alarm go off
- Knows not to hide from fire
- Knows how to raise the alarm
- Is happy to ask about the escape plan of the place they are going to



- Will tell you if they don't feel safe

## If you are in any doubt:

- Reverse the sleepover and invite the friend to your home instead

## And remember to:

- Go through your fire plan with any guests you have staying

## Check that:

- There will be a responsible adult present at all times in the property.
- There is a working smoke alarm.



Some of these questions may be uncomfortable to ask but why not look at it this way; you wouldn't dream of travelling in a car without seatbelts – they are lifesavers if there is an accident.

Working smoke alarms and escape plans are like seatbelts for sleepovers – you hope never to need them – but they must be there just in case...

For more information check out

**[bucksfire.gov.uk](http://bucksfire.gov.uk)**

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**Free Home Fire Safety Advice Line**

**01296 744477**